

## THE NUTRITION CLINIC

## Eating for health

Would you like personalised nutrition advice for general healthy eating, fitness or managing a health condition?

ECU Master of Nutrition and Dietetics students are providing free supervised dietetics consultations for adults.

## You'll receive:

- ✓ Individual dietary consultations
- ✓ Detailed nutritional assessment
- ✓ Personalised nutrition advice and education to meet your individualised health needs
- ✓ Support for the achievement of personalised nutrition goals
- ✓ Review appointments

For more information and to book your appointment, contact the Joondalup Community Clinical School

🔽 jccs@ecu.edu.au 🤳 0437 289 823.

